

**DIETICIAN - ORDER TO GIFSA CC. 2017**

DATE: \_\_\_\_\_

**\*Please complete full address details.****\*Please complete full address details.**

FROM: \_\_\_\_\_ CELL : \_\_\_\_\_

\*Street Address for Courier delivery: - at extra cost and by telephonic arrangement

\*Postal Address for Postal packages: \_\_\_\_\_

<b>Recommended retail price</b>	<b>Product</b>	<b>Quantity</b>	<b>Unit price</b>	<b>Sub Total</b>
R138.00	SA GI & GL Guide (SMART CARB GUIDE) 2017/19 Edition (NEW)		R66.57	
Obtainable from gifoundation.com	SA Fat & Protein Guide (E-Book 2015 EDITION)	No Resale	R83.33	
R280.00	Eet vir Volgehoute Energie 1		R171.05	
R280.00	Eating for Sustained Energy 1		R171.05	
R280.00	Eating for Sustained Energy 2		R171.05	
R280.00	Eet vir Volgehoute Energie 3		R171.05	
R280.00	Eating for Sustained Energy 3		R171.05	
R280.00	Eet vir Volgehoute Energie 4		R171.05	
R280.00	Eating for Sustained Energy 4		R171.05	
R290.00	Beste van Eet vir Volgehoute Energie (2015 EDITION)		R189.82	
R290.00	Best of Eating for Sustained Energy (2015 EDITION)		R189.82	
R280.00	Eet Slim & Bly Slank		R171.05	
R320.00	Eat Smart for Sport (2015 EDITION)		R211.75	
R280.00	Soet & Sout gebak - Volg. Ener.		R171.05	
R290.00	Volgehoute Ener. Vir Glutenvrye Eters		R188.60	
R290.00	Sustained Ener. For Gluten-Free Eaters		R188.60	
R5	The Compact GI Food List (Standard Grade)		R 2.00	
<b>Please inform me about being listed on the GIFSA website</b>				
Refer <a href="http://www.gifoundation.com">www.gifoundation.com</a> (Click on Dietitian & Your Province)			<b>R400.00</b>	
<b>Supply me with the Diet Frameworks &amp; Meal plans</b>				
▪ <b>The complete set</b>			<b>R2600.00</b>	
▪ <b>Those as specified on next page</b>			<b>R325.00</b>	
	Postage & processing		<b>R 39.00</b>	<b>39.00</b>
<b>NB</b>	<b>Sub Total</b>			
	VAT (please add 14%)			
	<b>GRAND TOTAL</b>			

Bank: Nedcor/Nedbank, Branch: Nelspruit, Code: 158 952 (+43 if eight digits are required), Payee: The Glycemic Index Foundation of SA, Acc No.1589 364 864

E-mail: [orders@gifoundation.com](mailto:orders@gifoundation.com); Tel: 013 744 0701; Fax: 013 744 1622; Cell: 082 767 8125**\*Please complete full address details.**

Diabetiese dieet en maalydplan - A Diabetic Diet and Diabetic mealplan – E
Hipoglukemie Dieet en maalydplan – A Hypoglycemia Diet and mealplan – E
Hipertriglisieriedemie Dieet, maalydplan en wateroplosbare vesel lys – A Hypertriglyceridemia Diet, mealplan and water soluble fibre list – E
Lae vet lae GI dieet en maalydplan – A (Gebruik vir: verslanking, hiperinsulienemie/ Insulien weerstand, Aandag Gebrek Hiperaktiwiteit Sindroom oftewel AGHS, ME/CMS/Yuppie Griep, polisistiese ovariale sindroom oftewel PSOS en hipoglukemie) Low fat low GI diet and mealplan – E (Use for: slimming, hyperinsulinemia/insulin resistance, Attention Deficit Hyperactivity Syndrome or ADHD, ME/CFS/Yuppie Flu, polycystic ovarian syndrome or PCOS and hypoglycemia)
Kandida dieet en maalydplan - A Candida diet and mealplan – E
Kardiologie Dieet, maalydplan en wateroplosbare vesel lys – A Cardiology Diet, mealplan and water soluble fibre list – E
AGHS: Lae vet lae GI Dieet, Salisilatelys, Tartrasienlys, Salicylate free GI list en Aandag Gebrek Hiperaktiwiteit Sindroom maalydplan ADHD: Low fat low GI Diet, Salicylates, Tartrazine list, Salicylate list and ADHD mealplan
Lae vet lae GI dieet en salisilatelys : Fibromialgie Sindroom (FMS), Rumatoïde Arthritis Low fat low GI diet and salicylate list : Fibromialgia Syndrome (FMS), Rheumatoid Arthritis
Kidney Diet : Comprehensive diet framework for patients and dieticians Nierdieet : Volledige vir pasiënte en dieetkundiges
Gluten Free Diet Glutenvrye dieet
Irritable Bowel Syndrome Prikkelbare Derm Sindroom
Gout / Low GI Diet Jig / Lae GI Dieet